

September 2021 *Menu Subject to Change*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8pm Snack Sunday-Pudding Monday- Asst. Snacks Tuesday- Cookie Wednesday- Ice Cream Thursday- Yogurt Friday- Asst. Snack Saturday- Ice Cream	Sunday- Belgian Waffle/ Canadian Bacon/ Fruit/ Oatmeal Monday- French Toast/ Sausage/ Fruit/ Oatmeal Tuesday- Scrambled/ Bacon/ Fruit/ Cream of Wheat Wednesday- Continental/ Yogurt/ Banana/ Oatmeal Thursday- Pancakes/ Bacon/ Cream of Wheat Friday- Omelet/ Hash brown/ Fruit/ Oatmeal Saturday- Breakfast Sand. / Fruit/ Oatmeal		1 Meat Lasagna, Tossed Salad, Garlic Bread, Sweet Potato Pie, SF Apple Pie Tuna Sandwich, Three Bean Salad, Fruited Jell-O	2 Pizza, Boneless Wings, Waxed Beans, Reg or SF Cookie Chipped Beef on Toast, Carrots, Apricots	3 Baked Fish, Coleslaw, Potato Wedges, Dinner Roll, Reg or SF Ambrosia Salad Turkey Pot Pie, Cottage Cheese, Seasonal Fruit	4 Stuffed Peppers, Sweet Potatoes, Dinner Roll, Cauliflower, Reg or SF Brownie Chicken Tenders, Potato Salad, Green Beans, Bread, Banana
5 Meatloaf with Gravy, Baked Potato, Green Beans, Dinner Roll, Ice Cream BBQ Rib Sandwich, Mac Salad, Corn, Cinnamon Applesauce	6 Grilled Chicken Caesar Salad, Multi Grain Roll, Reg or SF Chocolate Pudding Hot Dog on Bun, Bowtie Antipasto Salad, Baked Beans, Fruit Cocktail	7 American BLT, Broccoli Salad, Reg or SF Vanilla Cake Ham & Cheese Sub with L & T, Pickled Beets, Melon	8 Goulash, Tossed Salad, Dinner Roll, Reg or SF Pie Chicken Parmesan Sandwich, Tator Tots, Green Beans, Pears	9 Grilled Ham & Cheese Sandwich, Cream of Broccoli Soup, Crackers, Reg or SF Cookie Cheeseburger on Bun, Pickles, French Fries, Peas, Fresh Fruit	10 Fish Nuggets, Broccoli, Cheesy Mashed Potatoes, Dinner Roll, Reg or SF Chocolate Pudding Grilled Cheese, Tomato Soup, Crackers, Mandarin Oranges	11 Cabbage Roll, Roasted Potatoes, Squash, Upside Down Pineapple Cake Bologna & Cheese Sandwich, Pickles, Three Bean Salad, Banana
12 Roast Pork with Gravy, Mashed Potatoes, Brussel Sprouts, Roll, Reg. or SF Chocolate Cherry Cake Turkey Salad Sandwich with L & T, Pickles, Pasta Salad, Peaches	13 Taco Salad, Multi Grain Roll, Reg or SF Vanilla Pudding with Whipped Topping Egg Salad Cold Plate, Mac Salad, Broccoli Salad, Fruit in Season	14 Mac & Cheese, Stewed Tomatoes, Roll, Reg or SF Frosted Cherry Salad Pork BBQ on Bun, Baked Beans, Corn, Reg or SF Fruited Jell-O	15 Spaghetti with Meat sauce, Tossed Salad, Garlic Bread, Cinn. Applesauce Turkey & Cheese Sub, Pickles, Potato Salad, Corn Nuggets, Melon	16 Resident Choice BBQ Ribs, Sweet Potato Fries, Corn Nuggets, Multi Grain Roll, Ice Cream Sandwich Chicken Bites, Baked Beans, Peas & Carrots, Pears	17 Fish on Bun with Tartar Sauce, Tater Tots, Brussel Sprouts, Reg or SF Butterscotch Pudding Sausage with Onions/Peppers on Bun, Carrots, Fresh Fruit	18 Marinated Chicken Leg, Mashed Potatoes, Zucchini, Roll, Reg or SF Carrot Cake Sloppy Joe on Bun, Potato Wedges, Green Beans, Banana
19 Roast Turkey with Gravy, Stuffing, Asparagus, Roll, Ice Cream Broccoli & Cheese Quiche, Brussel Sprouts, Bread & Butter, Pineapple Whip	20 Chef Salad, Multi Grain Dinner Roll, Watermelon Roast Beef & Cheese Sandwich, Southwest Corn Salad, Fruit Salad	21 Honey Mustard Chicken, Rice, Spinach, Dinner Roll, Reg or SF Chocolate Peanut Butter Cake Ham Salad Sandwich, Veg Soup, Pickles, Fresh Fruit	22 Baked Ziti, Tossed Salad, Dinner Roll, Reg or SF Jell-O Cake Chicken Pot Pie, Spinach, Peaches	23 Dressed Cheeseburger on Bun, French Fries, Pickle Chips, Reg or SF Cookie Pork BBQ Sandwich, Tator Tots, Peas, Mandarin Oranges	24 Fish Sticks, Garlic Roasted Potatoes, Asparagus, Dinner Roll, Creamsicle Salad Hot Dog on Bun, French Fries, Corn, Fresh Fruit	25 Roasted Chicken with Gravy, Mashed Potatoes, Vegetable Blend, Roll, Peanut Butter Brownie Egg Salad Sandwich with L & T, Pickles, Pasta Salad, Melon
26 Baked Ham with Gravy, Baked Potato, Vegetable Blend, Roll, Fruit Cobbler Chicken Patty on Bun, Mac Salad, Carrots, Pears	27 Chicken & Cranberry Salad, Multi Grain Roll, 3 Bean Salad, Fruit Salad Cold Plate with Tuna Salad, Cottage Cheese, Roll, Pineapple	28 Pork Chop/Gravy, Baked Potato, Squash Medley, Dinner Roll, Ambrosia Salad Chicken Nuggets, Mashed Potatoes, Mixed Vegetables, Bread, Fruit	29 Cheese Ravioli, Dinner Roll, Tossed Salad, Strawberry Shortcake Meatball Sub, French Fries, Vegetable Blend, Reg or SF Fruited Jell-O	30 Lemon Pepper Chicken, Rice, Corn Nuggets, Cauliflower Apple Pie Ravioli in Sauce, Tossed Salad, Dinner Roll, Apricots		

*Whole, 2% and Skim Milk offered at all meals