Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The New Falls Home 111 Schuyler Street Montour Falls, NY 14865 Phone: (607) 535-7165 Web: thenewfallshome.com	6:30 Coffee Cart (FD) 9:30 Seated Stretch (S) 10:30 Bingo (S) 1:30 *Walmart Trip 3:30 1:1 with Tammy 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 9:45 Group Walk (0) 10:30 George Mann (S) 1:30 Card Games (S) 2:30 Ice Cream Social (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Ice Cream Sandwich Day	6:30 Coffee Cart (FD) 9:30 Zumba Gold (S) 10:30 Bingo (S) 1:30 Watermelon Snack (S) 2:45 Watermelon Game (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Watermelon Day	6:30 Coffee Cart (FD) 9:30 Tai Chi (F) 10:30 Bible Devotion (F) 1:00 Shopping Cart (S) 2:30 Cookie Social (S) 6:00 Nightly News 7:00 Game Shows (S) Chocolate Chip Cookie Day	6:30 Coffee Cart (FD) 9:45 Group Walk (0) 10:30 Bingo (S) 1:30 Double Games (S) 3:00 Movie: Twins (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Twin Day	6:30 Coffee Cart (FD) 6 10:00 Drink Time (SDR) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S)
6:30 Coffee Cart (FD) 9:00 Church TV 38 (S) 10:00 Drink Time (SDR) 10:30 Hymns w/ Duane (S) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S) Independent Activities	6:30 Coffee Cart (FD) 8 9:30 Fun with Fitness (S) 10:30 Bingo (S) 1:30 Bake: Oreo Truffles(S) 3:00 Proverbs/Phrases (S) 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 9 10:00 Drink Time (SDR) 2:30 Drink * Snack (SDR) 3:00 Pastor Carl (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Independent Activities	6:30 Coffee Cart (FD) 9:30 Tai Chi (F) 10:30 Bingo (S) 1:30 Craft (S) 3:00 Words in a Word Game (S) 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 11 10:00 Drink Time (SDR) No Shopping Cart Today 2:30 Drink * Snack (SDR) 6:00 Nightly News (S) 7:00 Game Shows (S) Independent Activities	6:30 Coffee Cart (FD) 12 9:30 Strength Class (S) 10:30 Bingo (S) 1:30 Spelling Bee (S) 3:00 Scrabble (S) 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 13 10:00 Drink Time (SDR) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S)
6:30 Coffee Cart (FD) 14 9:00 Church TV 38 (S) 10:00 Drink Time (SDR) 10:30 Hymns w/ Duane (S) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S) Independent Activities	6:30 Coffee Cart (FD) 9:30 Seated Zumba (S) 10:30 Bingo (S) 1:30 Sand Art (S) 3:00 Hand Spa Time (S) 6:00 Nightly News (S) 7:00 Game Shows (S) National Relaxation Day	6:30 Coffee Cart (FD) 16 9:30 Tai Chi (F) 10:45 E. Presley Tribute (F) 1:30 Resident Council (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Remember Elvis Presley Day	6:30 Coffee Cart (FD) 7 9:30 Fun with Fitness (S) 10:30 Bingo (S) 1:00 Tanglewood Nature Center Trip (S) 3:00 Dominoes (F) 6:00 Nightly News 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 9:30 Tai Chi (F) 10:30 Larry Stamatel (S) 1:00 Shopping Cart (S) 2:45 Bible Devotion (F) 6:00 Nightly News 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 9:45 Group Walk (0) 10:30 Bingo (S) 1:30 Dominoes (S) 2:30 Friday Social (S) 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 20 10:00 Drink Time (SDR) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S)
6:30 Coffee Cart (FD) 21 9:00 Church TV 38 (S) 10:00 Drink Time (SDR) 10:30 Hymns w/ Duane (S) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S) Independent Activities Nascar Race Watkins Glen	6:30 Coffee Cart (FD) 9:30 Chair Yoga (S) 10:30 Bingo (S) 1:30 Sunflower Crafts (S) 6:00 Nightly News (S) 7:00 Game Shows (S) Sunflower Day	6:30 Coffee Cart (FD) 9:30 Tai Chi (F) 10:30 Bible Devotion (F) 1:30 *Coffee at Dunkin 3:00 1:1's with Tammy 6:00 Nightly News 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 9:30 Group Walk (0) 10:30 Bingo (S) 1:30 Catholic Mass (F) 6:00 Nightly News (S) 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 6:00 Nightly News (S) Summer Picnic (Plan for a fun-filled day! Activities to be announced) No Shopping Cart Today	6:30 Coffee Cart (FD) 26 9:30 Pet Visit (S) 10:30 Bingo (S) 1:30 Baking: Dog Treats (S) 3:00 Dog Movie (S) 6:00 Nightly News (S) 7:00 Game Shows (S) National Dog Day	6:30 Coffee Cart (FD) 27 10:00 Drink Time (SDR) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S)
6:30 Coffee Cart (FD) 28 9:00 Church TV 38 (S) 10:00 Drink Time (SDR) 10:30 Hymns w/ Duane (S) 2:30 Drink & Snack (SDR) 6:00 Nightly News (S) Independent Activities	6:30 Coffee Cart (FD) 9:30 Seated Stretch (S) 10:30 Bingo (S) 1:30 Bible Devotion (F) 3:00 Yahtzee (F) 6:00 Nightly News 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 30 9:30 Tai Chi (F) 10:30 Word Games (F) 1:30 "Beach" Social (S) 6:00 Nightly News 6:30 7:00 Game Shows (S)	6:30 Coffee Cart (FD) 31 9:30 Group Walk (0) 10:30 Bingo (S) 1:30 Nails (S) 3:00 1:1 with Tammy 6:00 Nightly News 7:00 Game Shows (S)	Aug	gust 2	2022

Legend: (A) Activity Room, (F) Family Room, (FD) Front Desk, (L) Library, (O) Outside, (SDR) Seneca Dining Room. Activities with a single (*) require residents to sign-up to participate and to pay for any purchases. Programs will be run by the Activity Department Staff unless indicated otherwise.