

February 2023

The Falls Home Newsletter

The Falls Home | 111 Schuyler Street, Montour Falls, NY 14865 | 607-535-7165 | thefallshome.com



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February is the month of
LOVE. May you see and feel
love all around you!



**The Falls Home
111 Schuyler Street
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P. 607-535-7165
Website: thefallshome.com**

Administrator Note

Happy Winter everyone! I hope that you all had a wonderful Holiday season. It's hard to believe that we are flying into February at such a rapid pace. The snow is certainly beautiful, and I am thankful to see a little bit of it this week. Spring will be here before we know it!

I am thankful for all our staff and residents and hope that this coming year will bring lots of joy and peace to your lives. I would like to remind everyone that we have a designated smoking area in our outside gazebo. This is the only area on our property where smoking is permitted. Please adhere to the smoking rules of our home. I wish you all a wonderful year!

-Julie Everhart

Message from the Case Worker

Hello Everyone, I wish you all the best for a safe and prosperous 2023! I would like to take some time to encourage you all once again to be patient and kind with each other. I know it can be difficult coexisting with so many of you in the same place, but please remember how one person's actions can affect the mood of everyone around them.

People will forget what you said, people will forget what you did, but people will never forget how you made them feel." – Maya Angelou

-Sarah Paul

Employee of the Month

These employees were recognized for their dedication and hard work! Thank you for all you do for our residents. Great job!

October: Juellie Hayes (Dining)
November: Bridget McCann (Housekeeping)
December: Linda Andrews (Front Desk)

Activity Note

The last quarter of the year seems to always come and go so quickly with the busy holiday season. We got to welcome our new friend



"Sookie" and enjoyed the holiday season with various entertainers, the resident Christmas party and even a visit from "Santa and Mrs. Claus!"

The Activity Room renovation is moving along. We are looking forward to being back in

our own space all freshened up with new kitchen appliances and all the fixings to do some cooking programs! Keep an eye on the activity calendars as we move more into themed programming that will cover art/crafts, music, cooking, history, community collaboration and more!

- Tammy Dunn



Every resident received a gift from the "Adopt a Grandparent" fundraiser local resident, Stacie Difederico Hilimire, coordinated.



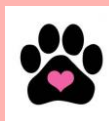
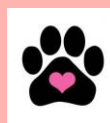
Meet "Sookie"

"Sookie" is our new mascot. She is our Administrator's Sheepadoodle puppy that comes to work every day.

She has given residents many laughs and lots of love! She spends most of her time with the Activity staff and

residents but can often be found visiting the beauty shop too!

Lots of puppy love to go around from kisses to snuggles on the couch!



Did you know?

Animals play an essential role in maintaining a healthy environment. Interacting with animals has been shown to decrease levels of cortisol (a stress-related hormone) and lower blood pressure. Studies have found that animals can reduce loneliness, increase feelings of social support, and boost your mood!

New Residents to The Falls Home

Diana Baker

Diana came to The Falls Home in December. She is married and has a big family with six children, grandchildren and even great-grandkids! Diana worked as a crossing guard for a number of years. She enjoys reading and doing crossword puzzles. A fun fact about Diana is she collects Owls.



Stanley Eicke

Stanley is the newest resident here at The Falls Home and came to us in January. He is from the Norwich area but has lived in NY, FL and TN. Stanley is married to Yvonne and has three children. He worked at a family-owned restaurant in Norwich and later went to work for the phone company. He enjoys his tablet for playing games, email and social media! A fun fact about Stanley is he used to collect cookie cutters!



Joanna Cotton

Joanna came to The Falls Home in November from the Elmira area. She has two children and five grandchildren. She lived in the Corning area and worked at Poly-O. Joanna enjoys board games and watching Hallmark Movies! She likes to paint and used to do ceramics.

Administrative Team

Should you have any questions or concerns, meet the Administrative Team:

Administrator, Julie Everhart



Activity Director, Tammy Dunn

Bookkeeper/HR, Irene Wilson

Case Manager, Sarah Paul

Dietary Director, Elizabeth (Liz) VanZile

Housekeeping Director, Joanna Lewis

Maintenance Director, Bob Sharp

Director of Nursing, Jeanne Vangalder

Lois Jenkins

Lois came to The Falls Home in October. She grew up in the Elmira area and later lived in Canton, NY. She has two children and two grandchildren. Lois is an LPN and worked for many years at St. Joseph's Hospital. Lois enjoys crafting of all kinds and loves animals. She has a black lab named Eyore! A fun fact about Lois is that she collects donkeys!



Welcome

Thomas "Tom" Madison

Tom came to The Falls Home in December. He was born in Ithaca and lived in Trumansburg. He has two children and many grandkids. He finished his high school career and went on to earn an Engineering & Art degree. He enjoys watching old TV shows and listening to music. He was in a band for 30 years and raised white German Shepherd and Black Lab dogs!

Edith Rouse

Edith came to The Falls Home in early December from Bath, NY. Edith is a widow and has two children &

grandchildren. Edith owned a restaurant in Avoca, NY and enjoys sharing about that period in her life. She enjoys watching TV, playing Bingo, and can often be found working on a puzzle in the Family Room!



Franklin Wells

Frank came to The Falls Home in December from Freeville, NY. He is a widow and has three



children. Frank was an active member of the Eagles & Moose Clubs where he volunteered his time as the Head Chef! He enjoys watching TV & follows baseball, football, and hockey! A fun fact about Frank is he collects a variety of sports cards.

Music in February

Larry Stamatel 2/9 at 10:30am
Carol Mikoda 2/13 at 1:30pm
Mike Burell 2/15 at 1:30pm
Patti Goodwin 2/28 at 10:30am



Join us in the Sunroom for these fun times!

Birthday Notes

In 2023 we are having a monthly birthday gathering!



Pictured from Left to Right:

Joey R. (Jan. 24) Pat B. (Jan. 21)
Lois J. (Jan. 3) Alice H. (Jan. 14)

Other January Birthdays:

Amy W. (Jan. 4) Barb S. (Jan. 22)

The next Birthday Celebration
will be held on
February 20th!



Upcoming Dates to Remember

Resident Council Meeting
2/14 at 1:30pm

***Shopping**

Walmart – 2/3 at 1:00pm
Dollar Tree – 2/20 at 1:00pm

***Food/Coffee**

Dunkin Donuts – 2/6 at 1:00pm
Lunch at Pudgies, - 2/17 at 11:00am

Spiritual Programs

Pastor Carl – 2/14 at 3:00pm
Father Jeff – 2/22 at 2:00pm

Weekly Bible Devotion Time with Tammy

2/2 and 2/9 at 3:00pm
2/16 at 10:30am, 2/24 at 1:30pm

**** Must sign up to participate ****