**November Fall/Winter 2023 \*Menu Subject to Change**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Rows of American flags in twilight | **Happy Veteran’s Day!****And** **Happy Thanksgiving!** | Roast turkey with side dishes | **1** Meat Lasagna, Tossed Salad, Garlic Bread, Blueberry Pie, SF Fruit PieTuna Melt, Pickles, Corn Chowder, Crackers, Peaches | **2** Salisbury Steak/Gravy, Sweet Potatoes, Mixed Vegetable, Roll, Reg or SF Banana CakeGrilled Cheese Sandwich, Tomato Soup, Crackers, Mandarin Oranges | **3** Baked Fish, Broccoli, Cheesy Mashed Potatoes, Dinner Roll, Reg or SF Choc. PuddingBeef Stew w/ Biscuit, Green Beans, Pineapple Tidbits | **4** Marinated Chicken, White Rice, Mixed Veg, Dinner Roll, Boston Cream PieScalloped potatoes & Ham, Corn, Dinner roll, Apricots |
| **5** Roast Pork Loin, Gravy, Roasted Garlic Potatoes, Roll, Asparagus, Tropical FruitChipped Beef over Mashed Potatoes, Cauliflower, Dinner Roll, Fruit Cocktail | **6** Pizza, Boneless Wings, Toss Salad, Peanut Butter Brownie Chicken Patty on Bun, Tator Tots, Carrots, Banana | **7** Chili, Corn muffin, Waxed Beans, Reg or SF Chocolate Cake with PB FrostingBologna & Cheese Sandwich, Cream of Broccoli Soup, Crackers, Pears | **8** Cheese Ravioli, Tossed Salad, Dinner Roll, Reg or SF Cherry PieChicken Parmesan Sandwich, French Fries, Green Beans, Peaches | **9** Swedish Meatballs over Noodles, Broccoli, Dinner Roll, Reg or SF CookieGrilled Ham & Cheese Sandwich, Chicken Noodle Soup, Veg Blend, Crackers, Pineapple Tidbits | **10** Fish on Bun w/ Tartar Sauce, Tator Tots, Brussel Sprouts, Reg or SF Butterscotch PuddingSausage with Onions/Peppers on Bun Sweet Potato Fries, Carrots, Mandarin Oranges | **11 “Veteran’s Day”** Oven Fried Chicken, Mashed Potatoes, Squash Medley, Roll, SF Choc Mint Pudding or Reg Choc Mint PieCheeseburger Macaroni Bake, Mixed Veggies, Roll, Apricots |
| **12** Roast Turkey, Gravy, Stuffing, Pickled Beets, Dinner Roll, Reg or SF Pumpkin Pie/ToppingDressed Cheeseburger on Bun, Rosemary Roasted Potatoes, Prince Ed Veg, Fruit Cocktail | **13** Shepherd’s Pie, Broccoli, Roll, Reg or SF Jello cakeHot Dog on Bun, Veg. Blend, Baked Beans, Banana | **14** Chicken and Biscuits, Mashed Potatoes, Peas, Reg or SF Banana Cream PieHam & Cheese Sandwich, Potato Salad, Pickles, Cottage Cheese, Pears | **15** Spaghetti w/ Meat sauce, Tossed Salad, Garlic Bread, Reg or SF Apple Pie Chicken Bites, Tater Tots, Corn, Dinner Roll, Peaches | **16 Resident Choice Meal** **BBQ Ribs, Sweet Potato Fries, Cr Corn w/Lima Beans, Hawaiin Roll, Lemon Meringue Pie**Meatball Sub, French Fries, Vegetable Blend, Pineapple Tidbits | **17** Fish Sticks, Garlic Roasted Potatoes, Asparagus, Dinner Roll, Lemon Pudding/ToppingKielbasa on Bun, Sweet Potato Fries, Sauerkraut, Mandarin Oranges | **18** Honey Mustard Chicken, Rice Pilaf, Veg Blend, Roll, Reg or SF Strawberry WhipChili, Corn Muffin, Corn, Apricots |
| **19** Baked Ham w Pineapple, Sweet Potatoes, Capri Veg, Roll, CheesecakeStuffed Shells, Tossed Salad, Dinner Roll, Fruit Cocktail | **20** Tuna Noodle Casserole,Peas, Dinner Roll, BrownieSloppy Joe on Bun, Rosemary Roasted Potatoes, Green Beans, Banana | **21**  Pork Chops, Gravy, Baked Potato, Carrots, Reg or SF Tapioca PuddingMeat Ravioli, Tossed Salad, Dinner Roll, Pears |  **22** Baked Ziti, Tossed Salad, Dinner Roll, Berry PieTurkey & Cheese Sub, Pickles, Cream of Potato Soup, Crackers, Peaches | **23**  **“Happy Thanksgiving”**Turkey/Gravy, Dressing, Sweet Potatoes, Green Bean Cass, Cran Sauce, Roll, PieChicken Cordon Blue, Mashed Potatoes, Corn, Pineapple Tidbits |  **24** Beer Battered Fish, Coleslaw, French Fries, Dinner Roll, Reg or SF Vanilla Pudding/ToppingBeef Pot Pie, Cottage Cheese, Spinach, Mandarin Oranges | **25** Mushroom Swiss Burger, Onion Rings, Peas & Carrots, Fruit SaladCabbage Rolls, Green Beans, Roll, Apricots |
| **26** Meatloaf/Gravy **27** Fried Chicken, BakedMashed Potatoes, Potato, Cr Corn, Roll, Str-Vegetable Blend, Roll, Berry Rhubarb PieReg or SF Spice CakeChicken Patty, Sweet Grilled Ham & Cheese, Potato Fries, Cauliflower, Corn Chowder, Fruit Cocktail Crackers, Veg Blend Banana  | **28** Hot Turkey Sandwich, Mashed Potato, Glazed Carrots, Reg or SF Custard Pie**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Manicotti, Tossed Salad, Roll, Pears | **29** Mac & Cheese, Stewed Tomatoes, Dinner Roll, Reg or SF CookieBeef Stew w/ Biscuit, Green Beans, Pineapple Tidbits | **30** Chicken Alfredo, Egg Noodles, Broccoli, Roll, Strawberry Cream Pie or SF Strawberry Mousse**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Sausage with Onions/Peppers on Bun, Sweet Potato Fries, California Blend Veg, Pineapple Tidbits | **8pm Snack****Sunday-Pudding****Monday- Asst. Snacks****Tuesday- Cookie****Wednesday- Ice Cream****Thursday- Yogurt****Friday- Asst. Snack****Saturday- Ice Cream** | **Whole, 2% and Skim Milk offered at all meals** |
| Waffle**,** Canadian Bacon**,** French Tst, Sausage, Fruit, Oats | Scrambled Eggs, Bacon, Fruit Cream of Wheat | Continental Bkft, Fruit, Oats | Pancakes, Bacon, Cream of Wheat | Omelet, Hashbrown Patty, Fruit | Breakfast Sandwich, Fruit, Oatmeal |